



TRIP PLANNING FORM

(continued from previous page)

Total Number of Treatments Needed \_\_\_\_\_

Preferred Days of Treatment:

M/W/F  T/R/S

Dates of Dialysis (Day of week, Month/Day/Year)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Time Preference:

Morning  Afternoon  Evening

Length \_\_\_\_\_

Access Type:

Catheter  Graft  Fistula



3. You can look for a dialysis unit by using one of the resources listed here or you can ask for assistance from your travel coordinator or social worker.

www.dialysisfinder.com - Helps in locating dialysis centers close by to your location.

Fresenius Patient Travel Services  
1-800-634-6254

Da Vita Guest Services  
1-800-400-8331

*When you contact these places, you will be asked for Wisconsin Dialysis' phone and fax numbers, address, and your personal insurance information. Keep your social worker informed of your plans.*

Wisconsin Dialysis  
3034 Fish Hatchery Rd  
Madison, WI 53713  
(608) 270-5600  
Fax (608) 270-5602

Wisconsin Dialysis  
East Clinic  
4600 American Pkwy  
Ste #102  
Madison, WI 53718  
(608) 243-3003  
Fax (608) 243-3005

Social Worker \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

4. Confirm dialysis schedule with the Travel Coordinator BEFORE you purchase your tickets. Once you have this information, you can contact the travel dialysis center for rules regarding food, fluids, visitors, and use of lidocaine during treatments.

If you have any additional questions or concerns regarding the planning of your trip, please do not hesitate to call your Travel Coordinator or Social Worker.



Wisconsin Dialysis

# Travel on Dialysis



UnityPoint Health

Many dialysis patients feel “tied down” by their treatments and some assume that their traveling days are over. Although it takes some advance planning, dialysis patients can and do travel all the time. Furthermore, traveling can be an important factor in keeping a satisfying quality of life. However, there is more involved in traveling as a dialysis patient than packing your suitcase. If you are on home dialysis, please contact your nurse.



### Travel Checklist

Following is a list of items that should be done in order to plan a successful trip with dialysis. **Check off each item as it is completed.**

- 1. Inform your physician’s assistant or social worker about your desire to travel, especially if you are travelling for the first time or have been recently hospitalized or are a new dialysis patient.

*Do not purchase plane tickets or other non-refundable travel tickets before checking on available dialysis treatment dates*

Allow a minimum of 6-8 weeks before travel (More time should be allowed for popular spots during summer or during busy travel times such as holidays. It is never too early to plan!)

- 2. Inform your Wisconsin Dialysis’ Social Worker about your trip. Complete the perforated form in the brochure, detach and return it as soon as possible. This information will be given to the Wisconsin Dialysis Travel Coordinator who will be in contact with you directly regarding your travel dialysis care. Your medical record and information treatment needs to be sent to the receiving unit. Some units will not confirm treatment dates until ALL of your patient information has been reviewed by their medical team.

- Contact your insurance company to get approval or regulations regarding your dialysis outside of your home unit. Some units require payment in advance if insurance company approval is not obtained or denied.



### TRIP PLANNING FORM

Name \_\_\_\_\_

Date \_\_\_\_\_

Travel Companions

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Emergency Contact and Phone Number

\_\_\_\_\_  
 \_\_\_\_\_

Dates of Travel \_\_\_\_\_

Destination (City, State, Country)

\_\_\_\_\_

Address and Phone Number of Destination (if you are staying in multiple areas, include address and phone numbers of each)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

(Continued on next page)